



BOTOX

PRE & POST CARE

WHAT TO EXPECT

- Mild redness at injection site is normal for a few hours to days.
- You may have a mild headache for 24- 48h post-treatment (alternatively some patients may find headache relief with treatments).
- Noticeable results tend to begin 4 days after treatment and peak between at 14 days.
- A follow-up appointment is encouraged at 2 weeks to allow for an assessment of the treatment effect. If more product is desired, additional fees are required.



***If you should experience any signs of infection (abnormal redness, swelling, oozing, fever, heat, pain), blistering, scarring, or other complications, please contact us at (647) 615-0223 or email us at info@rejuvenusclinic.ca**



PRE-PROCEDURE INSTRUCTIONS

- Avoid alcohol 24 hours prior to appointment
- Avoid blood thinners, anti-inflammatory medications (e.g. Advil/ Aleve), and anti-platelet medications 24h days prior*
- Avoid retinol for 48 h prior



POST-PROCEDURE INSTRUCTIONS

- Stay upright for 4 hours; do not bend over or lie down.
- Do not touch, rub, or massage the treated area for 4h
- You may exercise the injected muscle by making facial expressions in that area once every 15 minutes x 1hr.
- Avoid chemical soaps, lotions or irritants until all redness/swelling resolves.
- You may gently apply ice/cool compress x 15 mins per 1hr for comfort.
- Make-up may be used 6h post injection as long as skin is not broken or irritated.
- Avoid strenuous exercise 24 hours after treatment.
- Avoid Alcohol, NSAIDs (Advil, Aleve), or blood thinners for 24h as they may increase risk of bruising
- Avoid invasive facial treatments such as: microneedling, microdermabrasion, laser treatments in the treated areas for 14 days
- Return for your next appointment as you begin to notice movement in the treated areas.

*Prescribed medication may only be discontinued by prescriber

